

Tipperary Education and Training Board (ETB)

CÉIM ÉILE

PROCEDURES FOR CHANGING FOR GAMES POLICY

**Version** 1

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**Céim Eile**

**Procedures for Changing for Games Policy**

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Príomh Oifigeach Feidhmiúcháin: Bernadette Cullen

**Céim Eile**

**Procedures for Changing for Games Policy**

# Rationale:

Céim Eile considers that PE plays an integral part in the centre’s curriculum. We are committed to providing PE as a short course on the Leaving Cert Applied programme. This policy is underpinned by our core value of respect, care, equality, community, and academic excellence.

The following information is important to ensure the smooth running of PE classes.

# Medical Issues:

* A learner must produce a medical certificate if unable to partake in PE classes or any aspects of PE. Notes from parents will not suffice for ongoing medical issues.
* Learners must remain in the PE class during PE class times. Therefore, if a learner is sick or has a medical condition they must dress appropriately for these circumstances.
* If a learner has a medical certificate suspending them from PE, the parent/guardian will need to write a note to the teachers to allow the resumption of PE.
* If a learner says that they are injured/sick but does not bring a parental/guardian note confirming this, it is then viewed as an ‘absence from class without permission’ and so the normal sanctions are used.
* Learners with epi-pens, inhalers or any other potentially necessary medical devices should carry them on their person or have them nearby and ready for use in the event of emergency.
* Learners may abstain from PE after consultation with a member of the centre’s Coordinator/resource team who confirms it is necessary.

# Class behaviour and effort:

* Regarding effort and behaviour in PE, the same rules and regulations will apply as any other class in Céim Eile Youthreach.

# Changing Room Etiquette :

Changing for Games/PE and Swimming

At second level and Further Education, it is assumed that all learners are able to change their own clothes. However, in the rare circumstance where a teacher or SNA needs to help learners to change clothing, appropriate steps should be taken to ensure that reasonable protection is afforded to the learnerren and staff members involved. Due regard needs to be given to the potential health, safety, and abuse concerns. To that end the Board of Management should ensure that:

* a balance is struck between the learner’s right to privacy and adequate supervision with due regard to gender issues.
* where learners need assistance with changing agreement should be reached between parents/guardians and staff as to how best those needs can be met.
* boundaries will vary depending on age/needs of learner and on the physical constraints.
* staff should avoid assisting learners with anything of a personal nature that the learner can do for him/herself.
* a report of any incident be made to the principal, parents, and Board of Management, as appropriate.

When learners attend swimming lessons, they are under the adequate supervision of trained swimming pool personnel whilst also having at least one teacher/resource preson present in the premises.

* All pupils must be ‘in the process’ of changing whilst in the changing rooms.
* If a pupil is seen to be loitering instead of being ‘in the process’, a disciplinary action may be

taken by the teacher.

* Pupils must change in the provided changing rooms and not the toilets or shower area, unless agreed with the teacher prior to the semester or the individual class.
* In exceptional circumstances where arrangements have been made with the teacher and learner, a learner may change in the gender neutral or disabled toilets. This will be agreed in conjunction with learner support team/guidance/parents.

# Review

This policy will be reviewed by the Board of Management once in every college year.

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| Submitted to Staff: |  |
| Submitted to Board of Management: |  |
| Submitted to ETB Board: |  |